

# **Bangor/Brewer Area Resources**

For resources not covered or listed in this guide, call 2-1-1 or go to the website [www.211maine.org](http://www.211maine.org).

This guide was compiled by The Salvation Army Bangor Citadel Corps.

To the best of our knowledge the information in this guide is accurate.

Every effort has been made to verify this information but we advise users of this guide to contact the service provider prior to accessing services.

Corrections, additions or suggestions, should be emailed to [brandi.larcombe@use.salavationarmy.org](mailto:brandi.larcombe@use.salavationarmy.org)

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## Community Agency Resources

Agency Name	Address	Phone	Services/Description/Website
American Red Cross	145 Exchange St Suite 1., Bangor	941-2903	Disaster relief at home and abroad; CPR certification and first aid courses; blood donation; and emergency preparedness. <a href="http://www.redcross.org">www.redcross.org</a>
Care & Comfort	24 Springer Dr, Bangor	992-2535	Provides home health care, behavioral health care, and home modification services. <a href="http://www.careandcomfort.com">www.careandcomfort.com</a>
Career Center (Tri-County)	45 Oak St., Suite 3, Bangor	561-4050	Provides employment and training services at no charge for Maine
Catholic Charities	1066 Kenduskeag Ave, Bangor	941-2855	<a href="http://ccmaine.org">ccmaine.org</a>
Catholic Charities	307 Congress, Portland	781-8550	Provides innovative, community-based social services throughout Maine.
City of Bangor General Assistance	103 Texas Ave., Bangor	992-4530	Basic necessities <a href="http://www.bangorpublichealth.org/general-assistance">www.bangorpublichealth.org/general-assistance</a>
City of Brewer General Assistance	80 No. Main St., Brewer	989-7020	Assistance with health needs for low income eligible clients. <a href="http://www.brewerme.org">www.brewerme.org</a>
Community Care	40 Summer St., Bangor	945-4240	Case management. Home-based clinical support for children & families (HCT), outpatient therapy for children and adults. <a href="http://Comcareme.org">Comcareme.org</a>
Community Connector	475 Maine Ave., Bangor	992-4670	"Community Connector" Bus tickets offered. <a href="http://www.bangormaine.gov">www.bangormaine.gov</a>
Community Health & Counseling	42 Cedar St., Bangor	947-0366	Home health, hospice, and mental health services. <a href="http://www.chcs-me.org">www.chcs-me.org</a>
Department of Health and Human Services (DHHS)	396 Griffin Rd., Bangor	561-4100	Temporary Assistance for Needy Families (TANF). MaineCare, elder, and low-income assistance. <a href="http://www.mymaineconnection.gov">www.mymaineconnection.gov</a>
Eastern Area Agency on Aging	450 Essex St., Bangor	941-2865	62+ years – Assistance with most anything.
Eastern Maine Development Corp.	40 Harlow St., Bangor	942-6389	Retraining – help getting a job. <a href="http://www.emdc.org">www.emdc.org</a>
First Step Pregnancy Resource Center	336 Mt. Hope Ave., Ste. 8, Bangor	942-1611	Attend parenting & bible classes. <a href="http://Firststepbangor.com">Firststepbangor.com</a> Pre & post abortion counseling, pregnancy testing
Food and Medicine (by apt only)	20 Ivers St., Brewer	989-5860	Help & support with Unemployment Apps. (Unemployment: 1-866-933-9236); Worker Rights; Support for local farmers. es by appt.- <a href="http://www.foodandmedicine.org">www.foodandmedicine.org</a>
Kindred at Home	175 Exchange St., Suite 100, Bangor	990-9000	provide skilled home care and in home occupational therapy <a href="http://www.kindredathome.com">www.kindredathome.com</a>
Habitat for Humanity of Greater Bangor ReStore	382 Harlow St, Bangor	942-8977	Elimination of poverty housing. <a href="http://www.habitatbangor.org">www.habitatbangor.org</a>
Health Affiliates Maine	306 Rodman Rd Auburn	333-3278	outpatient
Higher Ground	235 Center St Brewer	561-9496	Adult case management, outpatient therapy individual and group
Legal Services for the Elderly	5 Wabon St., Augusta Helpline	1-800-750-5353	Free legal help for Maine's seniors.
Legal Services for the Elderly (Medicare Part D Unit)	5 Wabon St., Augusta	620-3114	Helps low-income Maine residents of any age, who have Medicare but are having trouble getting or affording their medications.
Lions Club	PO Box 237, Bangor	262-2530	Abe Miller Vision Assistance Program
Lynx Transportation	262 Harlow St., Bangor	973-3500	MaineCare transportation (Penobscot, Piscataquis, Somerset and Kenebec
Pillars Community Outreach	41 Acme Rd Suite #6, Brewer	922-2329	Adult mental health services, adult/child case management, and counseling
Maine Educational Opportunity Center	5713 Chadbourne Hall, Orono	581-3736	<a href="http://www.meoc.maine.edu">www.meoc.maine.edu</a> Services for ages 19+, grade 6-12(College Access Program)

## Community Agency Resources

Agency Name	Address	Phone	Services/Description/Website
Maine Equal Justice Partners	126 Sewell St., Augusta	626-7058	Free advocating for low-income & poverty individuals <a href="http://www.mejp.org">www.mejp.org</a>
Maine Department of Labor	54 State House Station, Augusta	623-7900	Statewide unemployment insurance <a href="http://www.maine.gov/labor">www.maine.gov/labor</a>
MAS Community Health	30 Summer St., Bangor	561-9533	Outpatient therapy, CIS, Sect.-28.65.17 services, CIS, BHH, case management
Health Equity Alliance	304 Hancock St, Suite 3B, Bangor	990-3626	LGBTQ+, HIV/AIDS, Substance Abuse support and services, syringe exchange, HIV/Hepatitis testing, Naloxone distribution, advocacy, cultural competency training, Law Enforcement Assisted Diversion (LEAD), sex education training, food pantry, Free triage clinic call for dates and hours.
Northeast Occupational Exchange	29 Franklin St., Bangor	942-3816	Comprehensive adult/child outpatient mental health, substance abuse service. <a href="http://www.noemaine.org">www.noemaine.org</a>
OHI, Inc. (Office)	25 Freedom Parkway, Hermon	848-5804	Residential services for people with disabilities. <a href="http://www.ohimaine.org">www.ohimaine.org</a>
Penobscot Community Health Care	103 Maine Ave., Bangor	992-9200	Administrative office for comprehensive medical services. <a href="http://www.pchc.com">www.pchc.com</a>
Penquis, Inc. <a href="http://www.penquis.org">www.penquis.org</a>	262 Harlow St., Bangor	973-3500	Assisted Living Services
			Low Income Home Energy Asst. Program (LIHEAP). Covers electric, oil, kerosene, and propane. (Penobscot County only)
			Emergency Crisis Intervention Program (ECIP). Heat or electricity. (Penobscot Co.)
			Good Neighbor Fund. Not for emergency heat needs. (Penobscot County).
			Low Income Assistance Program (LIAP). Electricity discount. Does not stop
			Transportation solutions for low income. And helps with child care assistance. CPPC Connect parents to resources, peer supports and support for families experiencing stress.
Penquis Law Project	Offices - Bangor & Dover-Foxcroft	973-3671	Creates access to civil legal services for low and moderate income individuals.
Penquis Journey House	59 Free St. Dexter	924-0151	Transitional home for pregnant and parenting women ages 16-21
Pine Tree Legal Assistance	115 Main St., Bangor 2nd Floor	942-8241	Provides free legal help to Maine people with low income. <a href="http://www.ptla.org">www.ptla.org</a>
Public Health Nursing and Community	103 Texas Ave., Bangor	992-4530	In-Home visits to pregnant women and new parents that could benefit from additional health support for themselves and their babies, parenting & asthma education, breastfeeding counseling, family planning, and immunizations.
Shepherd's Godparent Home	PO BOX 616, Bangor	949-2273	Provides pregnant women (age 13-up) with free housing and meals, parenting services, educational opportunities, and life skills training.
Sequel Care of Maine	760 Union St, Bangor	989-2946	Home health, BHH, day treatment, rehab services, case management, HCT
Sweetser	1221 Broadway, Bangor	1-800-434-3000	Outpatient therapy
Social Security Administration	Rm. 10307, 202 Harlow St.,	(877)-405-1448	Bangor Office - Provides Social Security services <a href="http://www.socialsecurity.gov">www.socialsecurity.gov</a>
Partners for Peace	77 Essex St., Bangor	945-5102	Provides information and support to people of all ages affected by abuse and domestic violence. <a href="http://www.partnersforpeaceme.org">www.partnersforpeaceme.org</a> 1-800-863-9909 24 hours
St. Paul The Apostle Parish	217 York St., Bangor	217-6740	Provides emergency assistance with food, clothing, home heating, utilities, medicine, gas, and rent. Assistance is limited to once every 3 months.
The Salvation Army	65 So. Park St., Bangor	941-2990	Provides those in emergency situations with basic necessities such as food, clothing, household items and oil. Please feel free to contact the office Mon-Fri 9AM-3PM. Serves: Bangor, Brewer, Exeter, Glenburn, Hermon, Kenduskeag, Levant, Orrington, Veazie. <a href="http://www.use.salvation.org/bangor">www.use.salvation.org/bangor</a>

## Faith Based Organizations

Name	Address	Phone	Website for Local Church
Advent Christian Church	2141 Broadway, Bangor	942-4327	<a href="http://www.bangoradvent.com">www.bangoradvent.com</a>
All Souls Congregational Church, UCC	10 Broadway, Bangor	942-7354	<a href="http://www.allsoulsbangor.com">www.allsoulsbangor.com</a>
Amazing Grace Fellowship	2 Canusa Way, Brewer	745-3927	<a href="http://www.agfamily.com">www.agfamily.com</a>
Apostolic Lighthouse Church	517 Hammond St., Bangor	942-2517	n/a
Crosspoint Church	1476 Broadway, Bangor	947-6576	<a href="http://www.crosspointbangor.com">www.crosspointbangor.com</a>
Bangor Church of Christ	516 Union St., Bangor	942-4176	<a href="http://www.bangorchurchofchrist.com">www.bangorchurchofchrist.com</a>
Beacon of Hope	1612 Ohio St., Bangor	945-0224	<a href="http://beaconofhopecog.com">beaconofhopecog.com</a>
Bible Baptist Church	967 Forest Ave, Orono	945-9952	<a href="http://www.bbcbangorarea.com">www.bbcbangorarea.com</a>
Calvary Baptist Church	61 State St., Brewer	989-3912	<a href="http://www.cbcbrewer.org">www.cbcbrewer.org</a>
Calvary Chapel Church	154 River Rd., Orrington	991-9555	<a href="http://www.calvarychapel.org/Bangor">www.calvarychapel.org/Bangor</a>
Church of Jesus Christ of Latter Day Saints	639 Grandview Ave., Bangor	942-5626	<a href="http://www.lds.org">www.lds.org</a>
Clifton United Baptist Church	742 Airline Rd., Clifton	843-5441	n/a
Columbia Street Baptist Church	63 Columbia St., Bangor	945-6616	<a href="http://www.csbcbangor.org">www.csbcbangor.org</a>
Beth Abraham Orthodox Synagogue	145 York St., Bangor	947-0876	<a href="http://www.jewishbangor.org">www.jewishbangor.org</a>
Congregation Beth El	183 French St., Bangor	945-4578	<a href="http://www.bethelbgr.com">www.bethelbgr.com</a>
Congregation Beth Israel	144 York St., Bangor	945-3433	<a href="http://www.cbisrael.org">www.cbisrael.org</a>
Dedham Congregational Church, UCC	512 Upper Dedham Rd., Dedham	843-7646	n/a
East Eddington Community Church	1410 Main Rd., Eddington	843-5283	n/a
East Orrington Congregational Church, CCC	38 Johnson Mill Rd., Orrington	825-3404	<a href="http://www.eoccmaine.com">www.eoccmaine.com</a>
Essex Street Baptist Church	82 Essex St., Bangor	942-4177	n/a
First Apostolic Church of Brewer	14 Parkway So., Brewer	989-3585	<a href="http://www.facbrewer.org">www.facbrewer.org</a>
First Assembly of God	614 Finson Rd., Bangor	947-1029	<a href="http://www.firstassemblybangor.org">www.firstassemblybangor.org</a>
First Baptist Church	56 Center St., Bangor	945-9694	<a href="http://www.fbcbangor.org">www.fbcbangor.org</a>
First Church of Christ, Scientist	939 Broadway, Bangor	947-7421	<a href="http://Christiansciencebangormaine.com">Christiansciencebangormaine.com</a>
First Church of the Nazarene	1465 Union St., Bangor	942-7216	<a href="http://www.bangornaz.com">www.bangornaz.com</a>
First Congregational Church, UCC	35 Church St., Brewer	989-7350	<a href="http://www.firstcongregationalbrewer.org">www.firstcongregationalbrewer.org</a>
First United Methodist Church	703 Essex St., Bangor	945-9567	<a href="http://www.fumcbangor.org">www.fumcbangor.org</a>
First United Methodist Church	40 So. Main St., Brewer	989-7310	<a href="http://www.fumcob.org">www.fumcob.org</a>
First United Methodist Church	14 Center Dr., Orrington	825-4414	<a href="http://www.umc.org">www.umc.org</a>
Forest Avenue Church, UCC	300 Forest Ave., Bangor	942-4705	n/a
Glad Tidings Church	1033 Broadway, Bangor	947-0324	<a href="http://www.gtc.bangor.com">www.gtc.bangor.com</a>
Grace United Methodist Church	193 Union St., Bangor	942-8320	<a href="http://www.gracemethodistbangor.org">www.gracemethodistbangor.org</a>
Hammond Street Congregational Church	28 High St., Bangor PO BOX 1106	942-4381	<a href="http://www.hammondstreetchurch.org">www.hammondstreetchurch.org</a>
Holden Congregational Church, UCC	Church Rd., Holden	989-4550	n/a

## Community Agency Resources

Agency Name	Address	Phone	Services/Description/Website
United Way of Eastern Maine	700 Main St. suite 1	211	Statewide directory of health and human services in Maine. <a href="http://www.211maine.org">www.211maine.org</a>
United Way of Eastern Maine	700 Main St. suite 1	941-2800	<a href="http://www.unitedwayem.org">www.unitedwayem.org</a>
USDA Rural Development	967 Illinois Ave., Ste. 4, Bangor	990-9160	Maine Office <a href="http://www.rd.usda.gov/me">www.rd.usda.gov/me</a>
Wabanaki Health and Wellness	157 Park St., Ste. 5, Bangor	992-0411	Child and family case workers and HIV testing. Address: Suite 5 inside door #36
Wellspring, Inc.	98 Cumberland St., Bangor	941-1612	Residential & outpatient services for those affected by addiction & co-occurring disorders. Men, women and family. <a href="http://www.wellspringmaine.com">www.wellspringmaine.com</a>
Wings	900 Hammond St., Suite 915, Bangor	941-2988	Case Management Services for Adults and Children <a href="http://www.wingsinc.org">www.wingsinc.org</a>
Women Infant Children Program (WIC)	103 Texas Ave., Bangor	992-4530	Assisting pregnant woman and children who are at nutritional risk, vouchers for nutritional foods, breastfeeding support, breast pump rental, referrals. Serves: Bangor, Dexter, Dover, Corinth, Lincoln, Milo, Millinocket, Newport, and Greenville.
New Ventures Maine	1 University Pl., Bangor	262-7840	Works to improve the economic lives of Maine men, women and their families.

## Community Meals

Name	Address	Phone	Days/Times
Bangor Homeless Shelter	263 Main St., Bangor	947-0092	Lunch is served at noon 7 days a week
Columbia Street Baptist Church	63 Columbia St., Bangor	945-6616	Sunday Noon-1P
First Congregational Church	35 Church St. Brewer	989-7350	4 <sup>th</sup> Sat each month 8:30Am-9:30Am
First United Methodist Church	703 Essex St., Bangor	945-9567	Thu 4pm- 6pm
Hammond St. Cong. Church	28 High St., Bangor PO BOX 1106	942-4381	1 <sup>st</sup> Sat Noon-1Pm
Hope House	179 Corporate Dr. Bangor	217-6713	Breakfast-5:45am Lunch-12pm Dinner- 5pm 7 days a week
St. John's Episcopal Church	234 French St., Bangor	947-0156	2 <sup>nd</sup> Sat each month 11:30am- 1:00pm
Manna Ministries	126 Union St, Bangor	852-5635	Mon-Fri 4:30- 5pm
The Salvation Army	65 South Park St., Bangor	941-2990	Mon-Fri 11:45am-1pm Sun Breakfast 8:30-9:15am
The Together Place	150 Union St., Bangor	941-2897	Mon & Fri Only 11:30am-1pm
Grace United Methodist Church	193 Union St., Bangor	942-8320	3rd Saturday 11am-12:30pm
Unitarian-Universalist Church	120 Park St., Bangor	947-7009	Bean Supper 4th & 5th Sat 4-6P

## Emergency Heating Assistance

Organization	Address	Phone	Areas Served
City of Bangor General Assistance	103 Texas Ave., Bangor	992-4530	Bangor
City of Brewer General Assistance	80 No. Main St., Brewer	989-7020	Brewer
St. Paul The Apostle Parish	217 York St., Bangor	217-6740	Bangor area
The Salvation Army	65 So. Park St., Bangor	941-2990	Bangor, Brewer, Exeter, Glenburn, Hermon, Kenduskeag, Levant, Orrington, & Veazie
Community Evangel Temple	124 River Rd, Lincoln	794-6181	Penobscot county

## Faith Based Organizations

Name	Address	Phone	Website for Local Church
Hope Lutheran Church	1520 Union St., Bangor	990-5900	<a href="http://www.hopebangor.org">www.hopebangor.org</a>
Islamic Center of Maine – Orono	151 Park St., Orono	866-3410	<a href="http://www.theicmo.com">www.theicmo.com</a>
Lighthouse Church of God	696 River Rd., Orrington	825-9001	<a href="http://www.orringtonlight.org">www.orringtonlight.org</a>
Messiah Baptist Church	985 Union St., Bangor	947-7950	<a href="http://www.messiahbangor.org">www.messiahbangor.org</a>
New Life Community Church	391 No. Main St., Suite G, Brewer	945-9937	<a href="http://www.newlifechurch.today">www.newlifechurch.today</a>
North Brewer/Eddington United Methodist Church	31 Main Rd., Eddington	989-4715	<a href="http://www.nbeumc.org">www.nbeumc.org</a>
Orrington Center Church (Warming Center and showers)	468 Dow Rd., Orrington	825-3492	<a href="http://www.orringtoncenterchurch.net">www.orringtoncenterchurch.net</a>
Pilgrim Orthodox Presbyterian Church	375 Mount Hope Ave., Bangor	942-8054	<a href="http://www.pilgrimopc.org">www.pilgrimopc.org</a>
Redeemer Lutheran Church	540 Essex St., Bangor	945-3166	<a href="http://www.redeemer-lutheran-church.org">www.redeemer-lutheran-church.org</a>
River City Wesleyan Church	146 Center St., Bangor	990-1711	
Second Congregational Church, CCCC	607 So. Main St., Brewer	989-7930	n/a
St. George Greek Orthodox Church	90 Sanford St., Bangor	945-9588	<a href="http://www.stgeorge.me.goarch.org">www.stgeorge.me.goarch.org</a>
St. John's Episcopal Church	225 French St., Bangor	947-0156	<a href="http://www.stjohnsbangor.org">www.stjohnsbangor.org</a>
St. Patrick's Episcopal Church	21 Holyoke St., Brewer	989-1308	<a href="http://www.stpatsbrewer.episcopalmaine.org">www.stpatsbrewer.episcopalmaine.org</a>
St. Paul the Apostle Parish	217 York St., Bangor	217-6740	<a href="http://www.stpaulbangor.me">www.stpaulbangor.me</a>
The Rock Church	1195 Ohio St., Bangor	942-9977	<a href="mailto:info@trcbangor.com">info@trcbangor.com</a>
The Salvation Army	65 So. Park St., Bangor	941-2990	<a href="http://www.use.salvationarmy.org/bangor">www.use.salvationarmy.org/bangor</a>
The Unitarian Universalist Society of Bangor	120 Park St., Bangor	947-7009	<a href="http://www.uubangor.org">www.uubangor.org</a>
Twin City Baptist Church	559 No. Main St., Brewer	989-6852	<a href="http://www.tcbcbrewer.com">www.tcbcbrewer.com</a>

## Farmers' Markets

Market Name	Address	Days & Hours of Operation	Notes
Bangor Farmers' Market	Harlow St. & Franklin St., Bangor (Across from the Library)	Sundays 11am-2pm Apr 30 through November 24	Participates in the EBT/SNAP Discount Program.
Ohio Street Farmers' Market	Bangor Grange Hall Ohio St., Bangor	1192 Wednesdays 2P-5:30P June through November	Participates in the EBT/SNAP Discount Program.
Brewer Farmers' Market	Brewer Auditorium, Wilson St., Brewer	318 Tuesday/ Thursday/Saturday 8:30A-1P Mid May	Participates in the EBT/SNAP Discount Program on Saturdays in July, August, & September (while funds last).

## Food Cupboards and Pantries

Area/clients Served	Name of Cupboard/Pantry	Address	Phone	Days/Times
All	Bangor Area Homeless Shelter	263 Main St., Bangor	947-0092	Tue & Thu 1-4P
Aurora, Amherst, Clifton, Mariaville, & Otis	Clifton Community	742 Airline Rd., Clifton	843-5441	Mon. 1st + 3rd 5P-6P
Bangor	Ecumenical	28 High St., Bangor	944-6634	M, W, & Fri 10-12pm
Bangor	Grace United Methodist	193 Union St. Bangor	942-8320	9-1pm Tues-Sat 9
All	Samaritan Inc. (The Rock Church)	879 Hudson Rd. Glenburn	200-4747	Call first for info.

## Food Cupboards and Pantries

Area/clients Served	Name of Cupboard/Pantry	Address	Phone	Days/Times
Bangor	Manna Ministries	126 Union St, Bangor	945-9798	Mon, Wed, & Fri 3-4P
Bangor, Brewer, Holden, & Veazie	Amazing Grace Fellowship	Private	745-3927	On call.
Bangor, Brewer, Exeter, Glenburn, Hermon, Kenduskeag, Levant, Orrington, & Veazie	The Salvation Army of Bangor	65 So. Park St., Bangor	941-2990	Mon through Fri 9A-11:40 and 1P-3P
Bangor, Glenburn, Hermon and Veazie	The Together Place	150 Union St., Bangor	941-2897	Wed 9A-12P
Brewer & Eddington	Brewer Area Food Pantry	222 No. Main St., Brewer	605-1218	1st Mon.& 4th Wed. of month 10A-Noon
Dedham, Green Lake, & Lucerne-in-Maine	Dedham Cong. Church	209 Mill Rd. Dedham	843-6013	By Appt. 557-9426
Eddington	E. Eddington Community Church	1410 Main Rd., Eddington	843-5283	Call for service.
Bangor	Health Equity Alliance	304 Hancock St, Suite 3B	990-3626	Tuesday 9-4
Holden	Holden Cong. Church	66 Church Rd., Holden	989-4550	Call for service.

## Health Care Facilities

Facility Name	Address	Phone	Description/Website
Acadia Hospital	268 Stillwater Ave., Bangor	973-6100	Treats mental illness and substance abuse disorders. <a href="http://www.acadiahospital.org">www.acadiahospital.org</a>
PCHC	1012 Union St, Bangor	404-8100	Comprehensive medical center <a href="http://www.pchc.com">www.pchc.com</a>
Eastern Maine Medical Center	489 State St., Bangor	973-7000	Comprehensive medical center 24-hour emergency room. <a href="http://www.emmc.org">www.emmc.org</a>
EMMC Family Medicine Center and Residency	895 Union St., Ste. 12, Bangor	973-7979	Routine appointment scheduling. <a href="http://www.emmc.org/center_family_medicine">www.emmc.org/center_family_medicine</a>
St. Joseph Hospital	360 Broadway, Bangor	907-1000	Comprehensive medical center 24-hour emergency room. <a href="http://www.stjoeshhealing.org">www.stjoeshhealing.org</a>

## Helplines/Hotlines

Agency Name	Phone	Description/Website
2-1-1Maine	2-1-1	Statewide information for Maine regarding variety of services.
Alcoholics Anonymous	1-800-737-6237	Literature, locate meetings, 24 hour advice
Al-anon	1-800-498-1844	24 hour advice, locate meetings
Child Abuse	1-800-452-1999	Reporting child abuse, support, resources
Crisis Hotline	1-888-568-1112	Assists those with mental illness, locates psychiatric treatment, suicide prevention.
Disabled & Aging Service Helpline (D.A.S.H.)	941-2865	Aims to improve awareness of and access to long-term supports for older adults, adults with disabilities and caregivers. <a href="http://www.eaaa.org/dashnetwork.html">www.eaaa.org/dashnetwork.html</a>
Domestic Violence (Family Crisis Services)	1-866-834-4357	Emergency shelter for women 18 years and older (with or without children) in Portland. <a href="http://www.familycrisis.org/services/emergency-shelter">www.familycrisis.org/services/emergency-shelter</a>
Domestic Violence (Next Step)	1-800-315-5579	Hancock County, safe plan, resources
Drug Tips	1-800-452-6457	Drug enforcement tip line
Eating Disorders Treatment Program	1-800-236-7524	Food addiction & eating disorders, counseling, resources
Elder Abuse	1-800-624-8404	Support for elderly victims of abuse.



## Helplines/Hotlines

Agency Name	Phone	Description/Website
GLBT National Help Center	1-888-843-4564	Provides free and confidential telephone and internet peer-counseling, information and local resources. <a href="http://www.glnh.org">www.glnh.org</a>
Legal Services for the Elderly	1-800-750-5353	Free legal help for Maine seniors.
Maine Warm Line	1-866-771-9276	Callers will receive support, social connection, assistance with referrals to community resources, recovery programs and an opportunity to connect with others during a time of fear, grief or sadness. <a href="http://www.maine.gov/dhhs/samhs/mentalhealth/wellness/warmline.shtml">www.maine.gov/dhhs/samhs/mentalhealth/wellness/warmline.shtml</a>
Narcotics Anonymous	1-800-974-0062	Support for individuals addicted to narcotics; resources.
Nar Anon	1-800-477-6291	Support for those affected by others use of substances
National Pregnancy Hotline	1-800-395-4357	Find local pregnancy centers, referrals, helps seek necessities <a href="http://www.optionline.org">www.optionline.org</a>
National STI Hotline	1-800-227-8922	Provides local resources and information.
Pet Loss Support	607-253-3932	Iowa State University - College of Veterinary Medicine
Poison Control	1-800-222-1222	Crisis information on injection of toxic substances
Sexual Assault	1-800-871-7741	Victims of sexual assault support, resources
Partners for Peace	1-800-863-9909	Domestic violence support, safe plan, information on safe house
National Suicide Prevention/ Veterans Crisis	1-800-273-8255	Assists those with mental illness, locates psychiatric treatment
Tobacco Hotline	1-800-207-1230	Individuals looking for ways to quit smoking, support
The Women's Project/Opportunity Alliance	1-800-611-1779	Helping women affected by substance abuse - their own or others. <a href="http://www.maine.gov/dhhs/osa/help/women.htm">www.maine.gov/dhhs/osa/help/women.htm</a>
Worker's Rights/Farmer's Support (Food&Medicine)	1-866-933-9236	Helping local agriculture, unemployment information, worker rights, farmer support

## Homeless Shelters

Shelter Name	Address	Phone	Notes
Bangor Area Homeless Shelter	263 Main St., Bangor	947-0092	Male & Female over 18. Clients need to be clean and sober.
Emmaus Center – Clean & Sober Family Shelter	Corner of Main St. and Water St., Ellsworth	667-3962	Families and single males & females.
Hope House	179 Corporate Dr., Bangor	217-6713	Male & Female Single Adults Clients can be "wet".
Next Step	735 Bangor Rd., Ellsworth	1-800-315-5579	Domestic violence shelter & support services
OHI	238 State St., Brewer	989-4007	Residential services for people with disabilities.
OHI Office	25 Freedom Parkway	848-5804	
Shaw House	136 Union St., Bangor	941-2874	Male & Female under 18. Clinic & counseling (youth only). <a href="http://www.theshawhouse.org">www.theshawhouse.org</a>
Partners for Peace	77 Essex St., Bangor (Administrative Office)	1-800-863-9909	Domestic violence shelter & support services. Very limited spots.

## Housing Resources

Agency Name	Address	Phone	Notes/Websites
Bangor Housing Authority	161 Davis Rd., Bangor	942-6365	Provides affordable housing opportunities and assistance for low to moderate income households. <a href="http://www.bangorhousing.org">www.bangorhousing.org</a>
Bangor Health & Community Service	103 Texas Ave., Bangor	992-4530	Transitional housing for homeless people. Additional services
Brewer Housing Authority	15 Colonial Circle, Suite 1, Brewer	989-7551	Assists low-income families with decent, safe and affordable housing opportunities. <a href="http://www.brewerhousing.com">www.brewerhousing.com</a>
Maine State Housing Authority	353 Water St., Augusta	800-452-4668	Making housing more affordable to Maine people.
Penquis – Section 8	262 Harlow St., Bangor	973-3500	Individuals paying more than 50% of their wages for rent & make less than the median of selected area's wages.
Welcome To Housing!	333 Main St. Old Town	200-5524	Provides basic household items (from mattresses to can- openers) to individuals who are transitioning from area shelters to permanent

## Thrift Shops

Shop Name	Address	Phone	Hours/Notes
Bonnies Bargain Basement	222 North Main St, Brewer	989-3200	Wed-Sat 10-4pm
Emmaus Center	Corner of Main St. and Water St., Ellsworth 51 Main St	667-3962	M,W,F and Sat. 10:30A-2:30P
Faithbuilders Cornerstone Resale & Donation Center	401 No. Main St., Brewer	951-0828	Tue-Sat 10A-5P&Sat 10A-4P. Women's Clothing Store. Assists victims of domestic abuse.
Goodwill	805 Stillwater Ave., Bangor	947-7984	Mon.- Sat 9A-9P. Sunday 10-7
	610 Wilson St., Brewer	989-1511	
Habitat for Humanity ReStore	378 Harlow St, Bangor	992-0704	<a href="http://www.habitatbangor.org">www.habitatbangor.org</a> hours of operation Tues-Sat 9-5
Saving Grace Thrift Shop	193 Union St., Bangor	942-8320	Tue-Sat 9A-1P
The Attic Thrift Store	170 Center St., Bangor	945-5523	Mon-Fri 10-3pm Wednesdays 10-12pm
The Growing Place	548 Hammond St., Bangor 1209 Broadway, Bangor	941-1055 947-9055	Summer Mon-Fri 10A-6P & Winter 10A-5P. Thrift store for children's toys and necessities; Woman's work and maternity clothing.
The Salvation Army Family Store	585 Broadway, Bangor	941-2993	Mon-Sat 9-6pm

## Clothing Resources

Manna Ministries	126 Union St, Bangor	852-5635	Wednesdays 3pm-4pm Free of Charge. NO APPT. NEEDED